

Score	1	2	3	4	5	6	7	8	9	10
Humility/poor in Spirit										
Self-control / meek										
Mercy										
Righteousness										
Sensitivity / mourn										
Peacemaker										
Purity										
Contentment										

Attitude	Monday	Tuesday	Wednes-day	Thursday	Friday	Saturday	Total Success
Humility/poor in Spirit							
Self-control/meek							
Mercy							
Righteousness							
Sensitivity/ mourn							
Peacemaker							
Purity							
Contentment							
Total success							